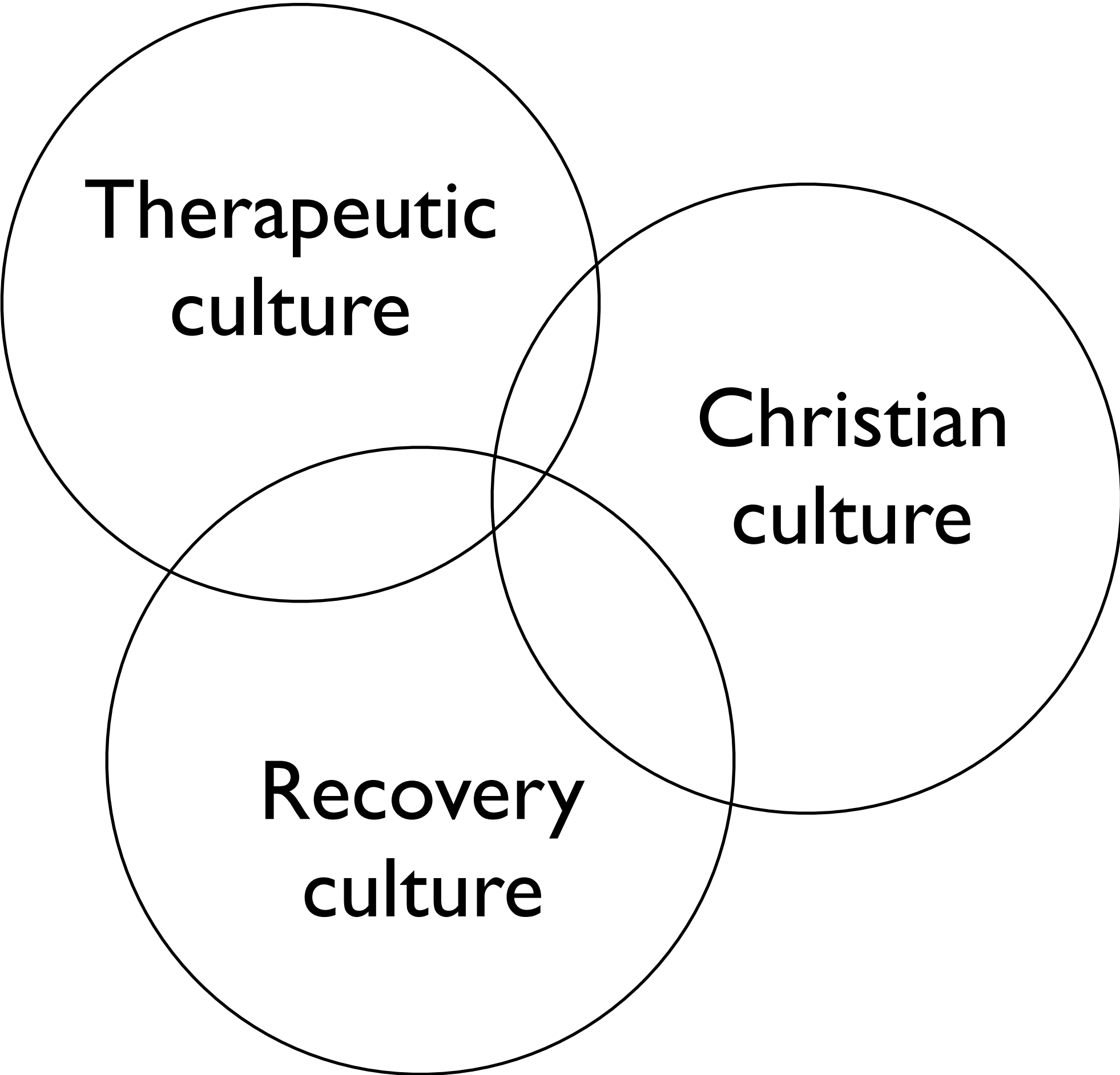


Where Am I?

Social Location & Recovery Spirituality



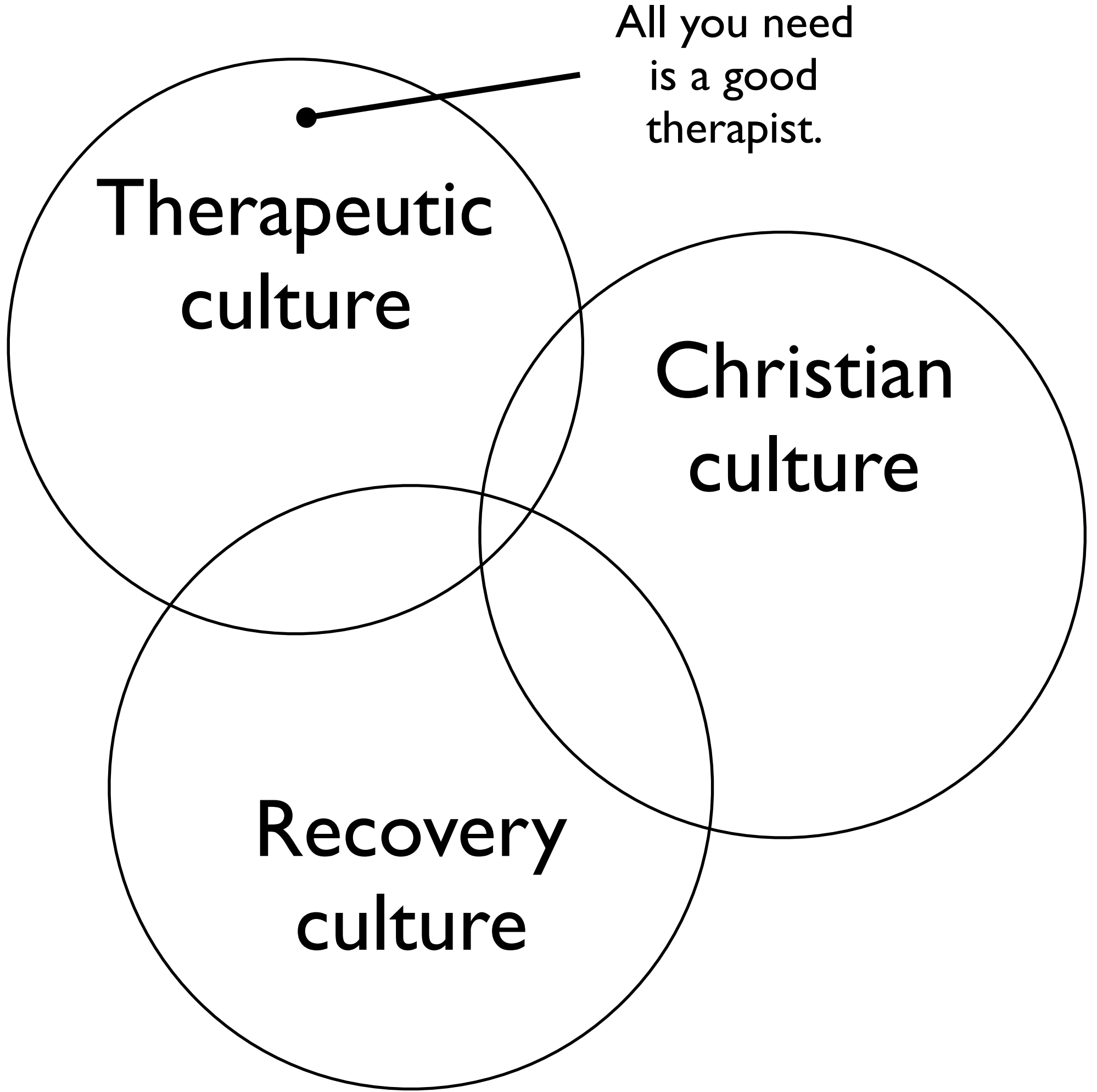


**Therapeutic
culture**

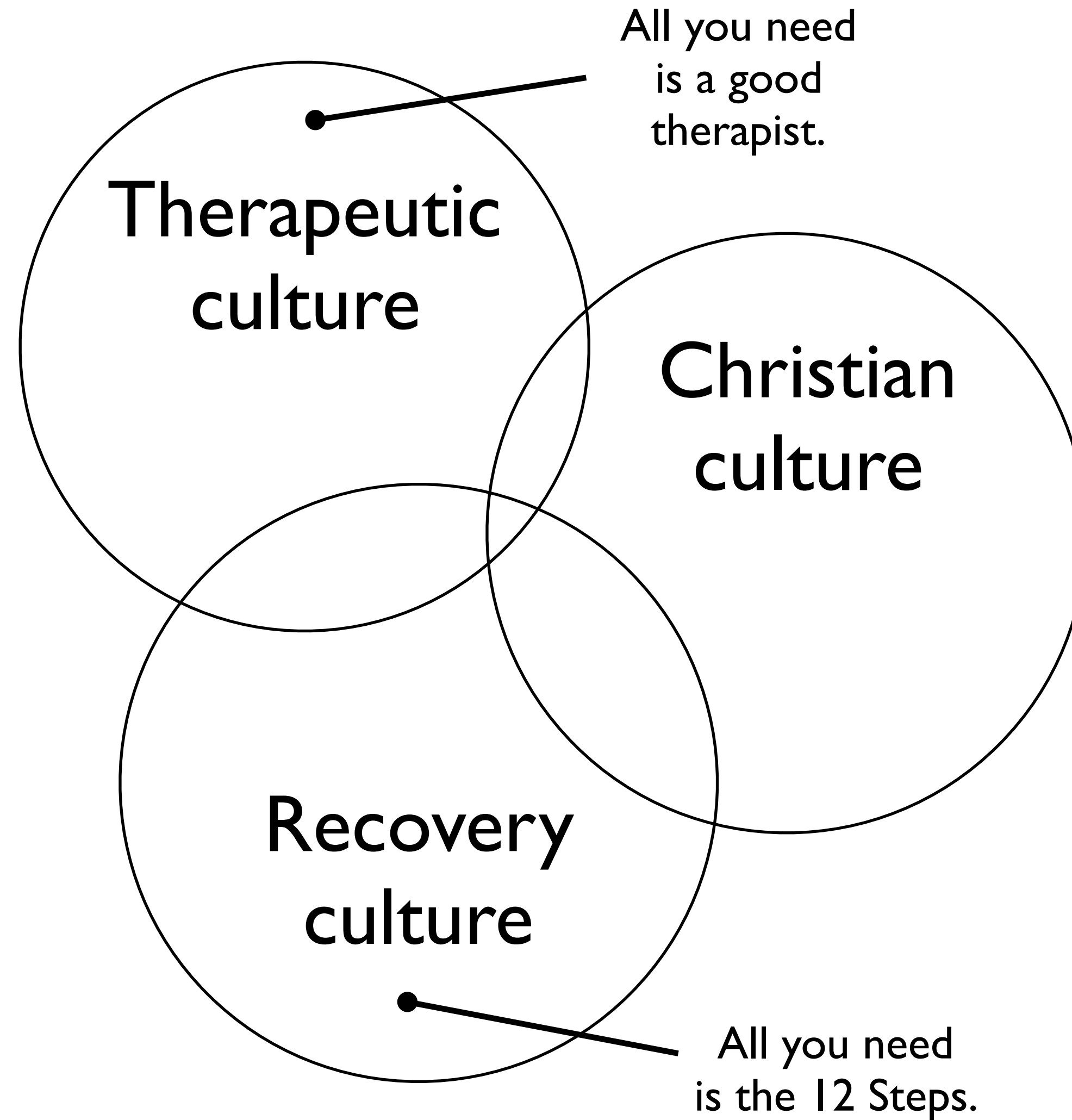
**Christian
culture**

**Recovery
culture**

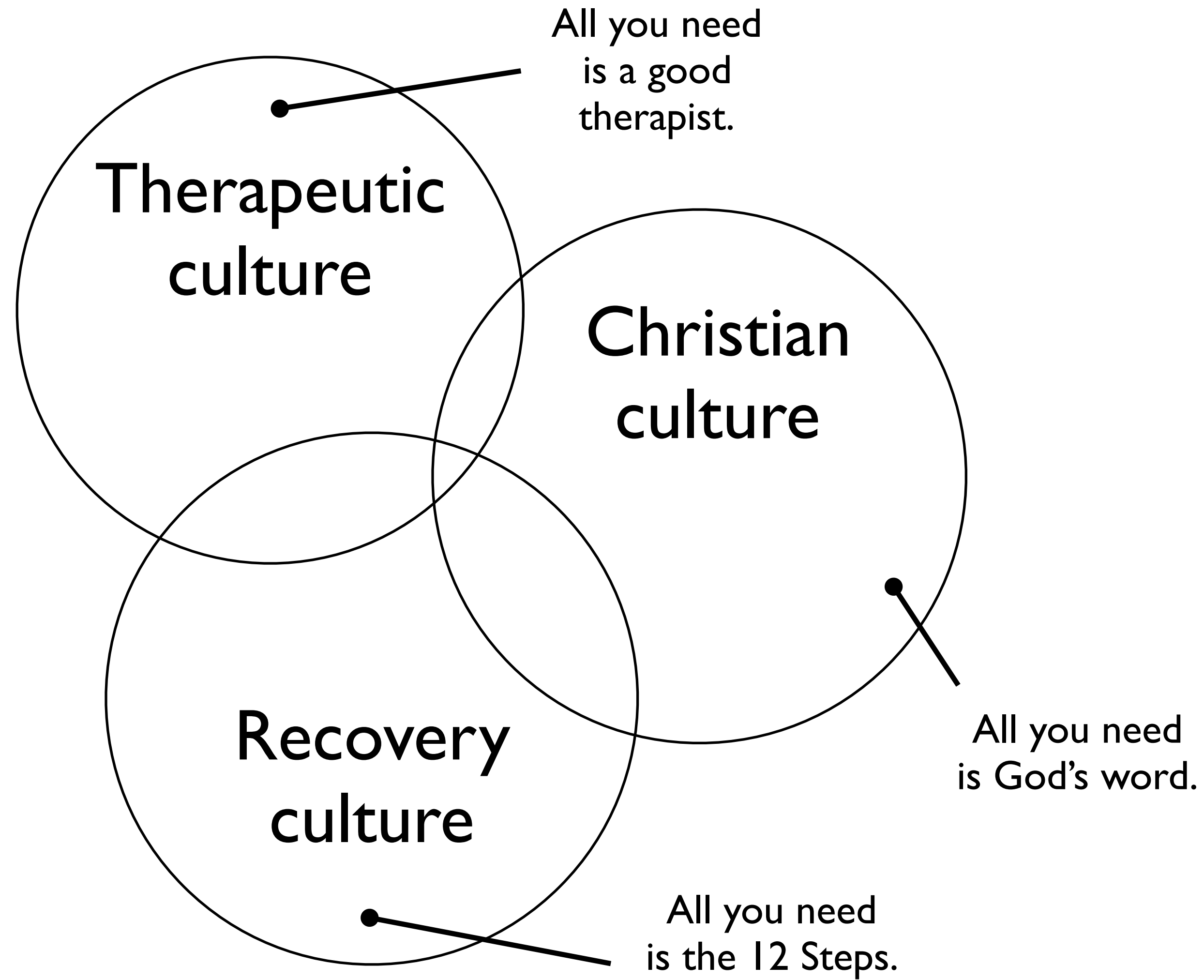
Rejectionist Tribal Cultures

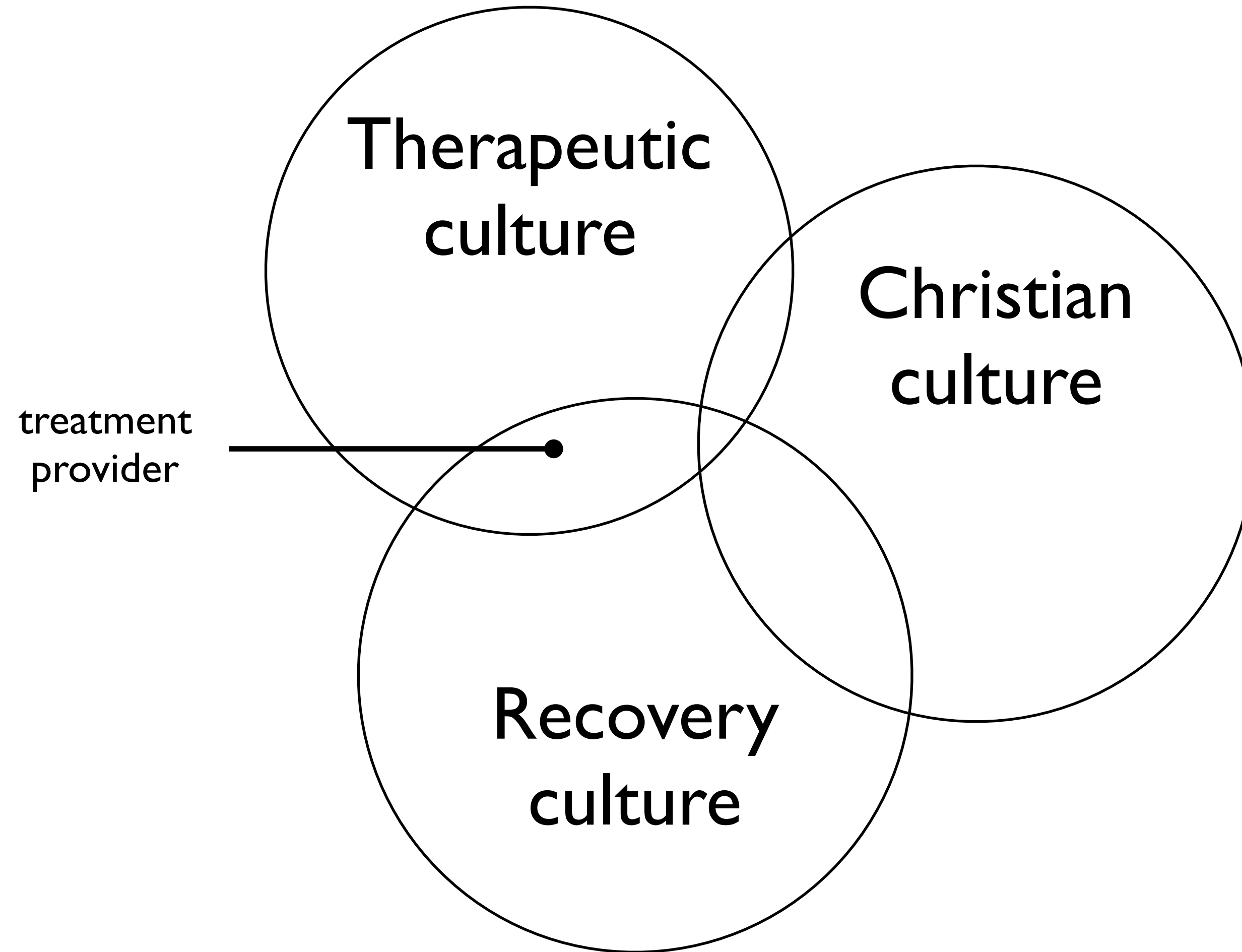


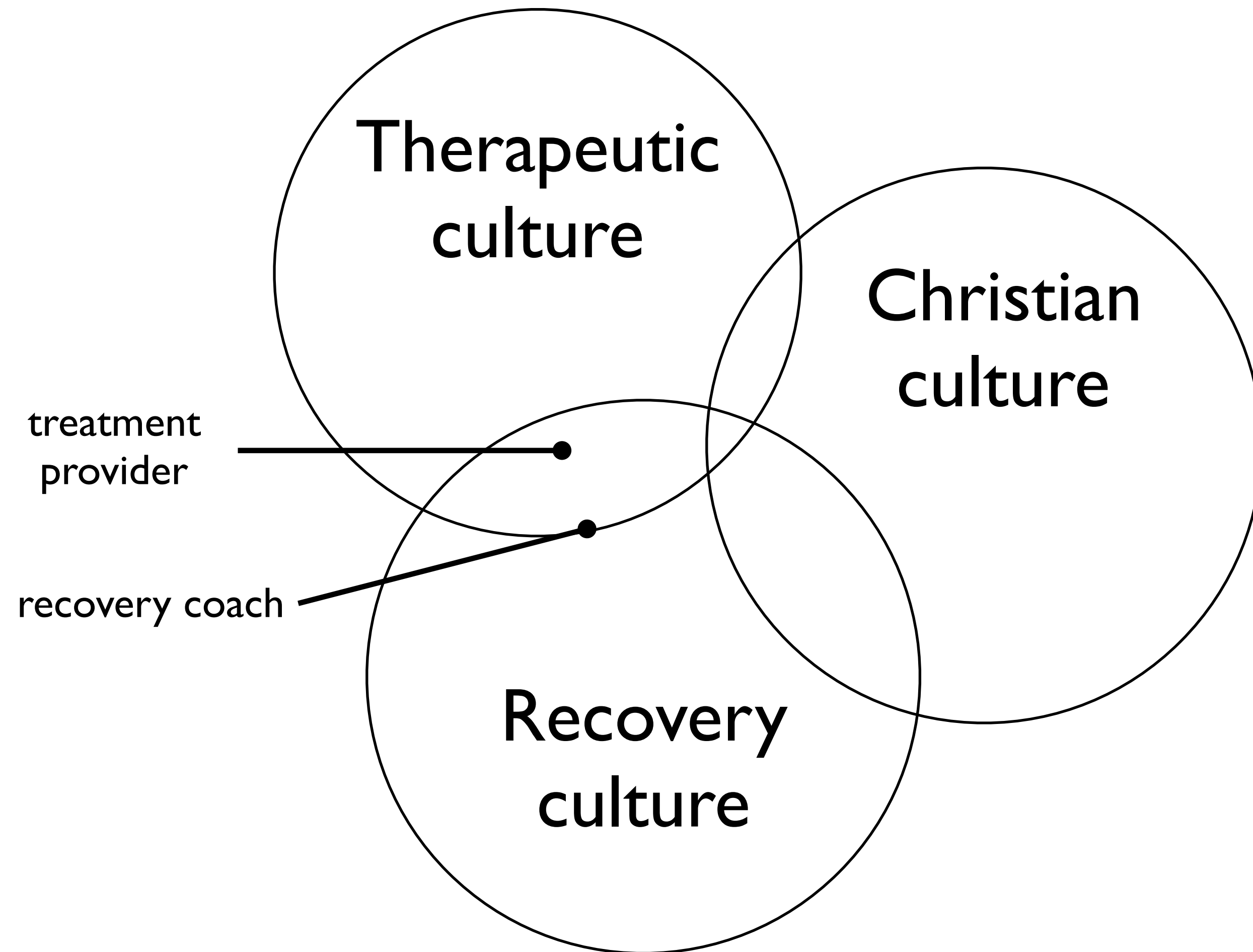
Rejectionist Tribal Cultures

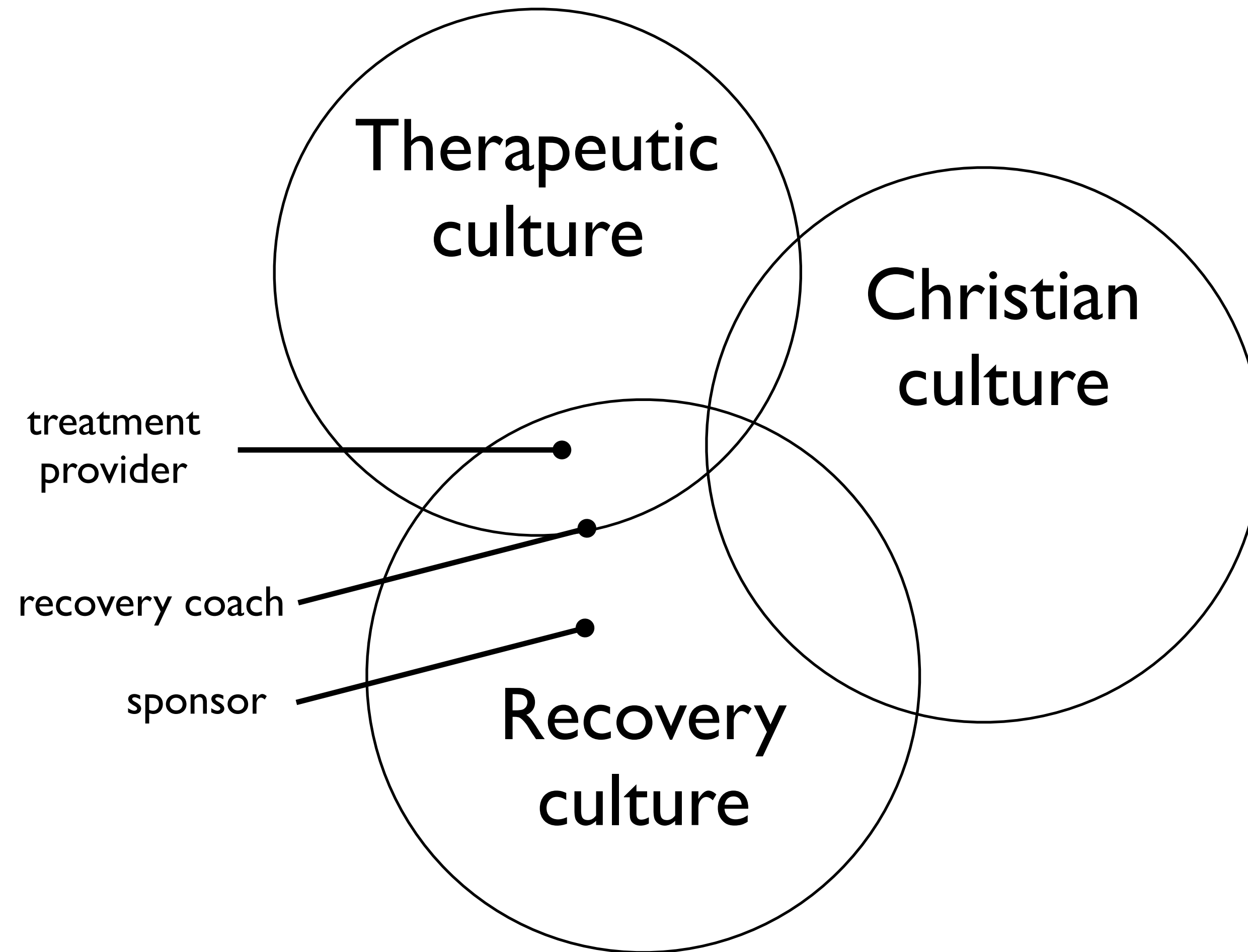


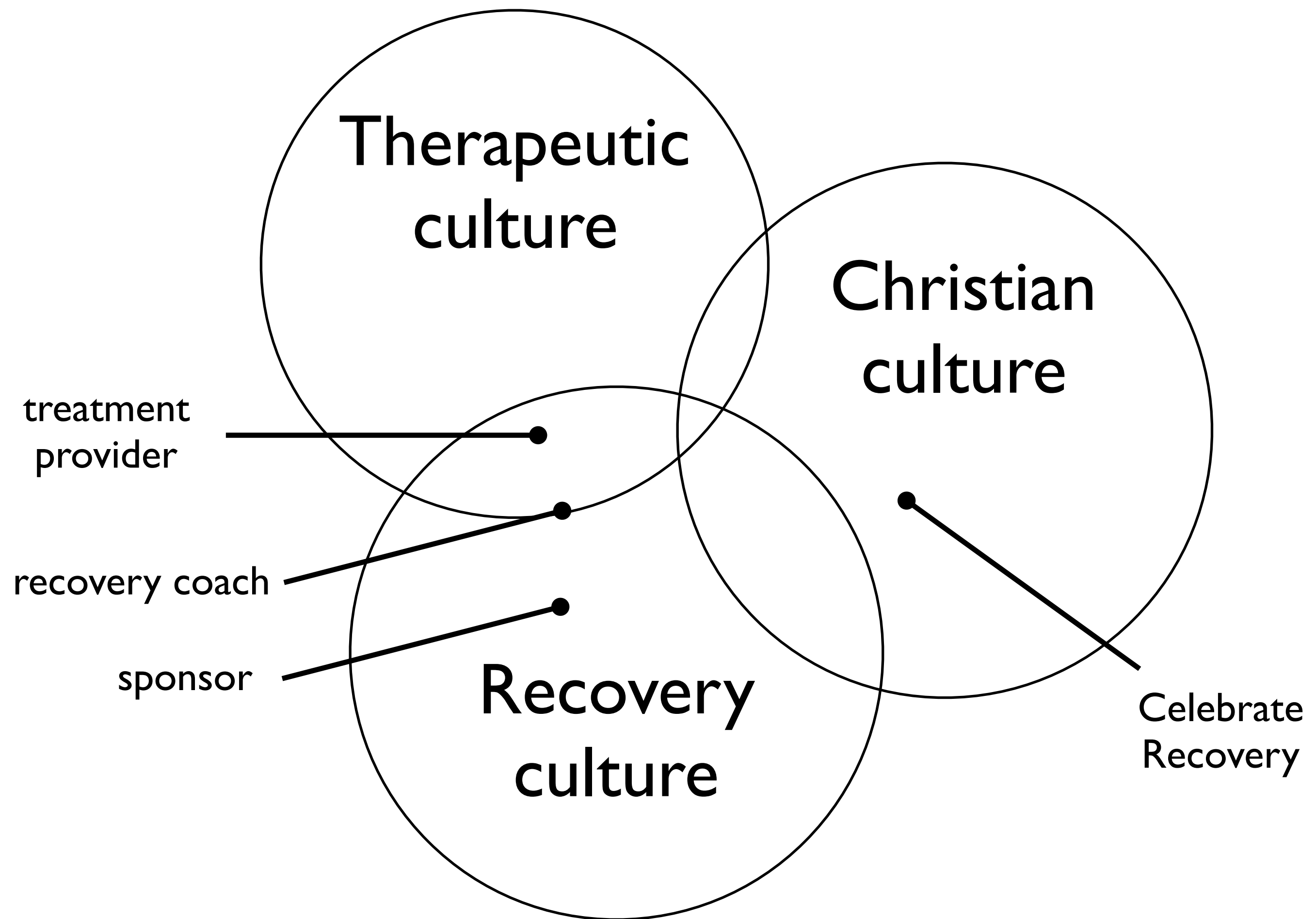
Rejectionist Tribal Cultures

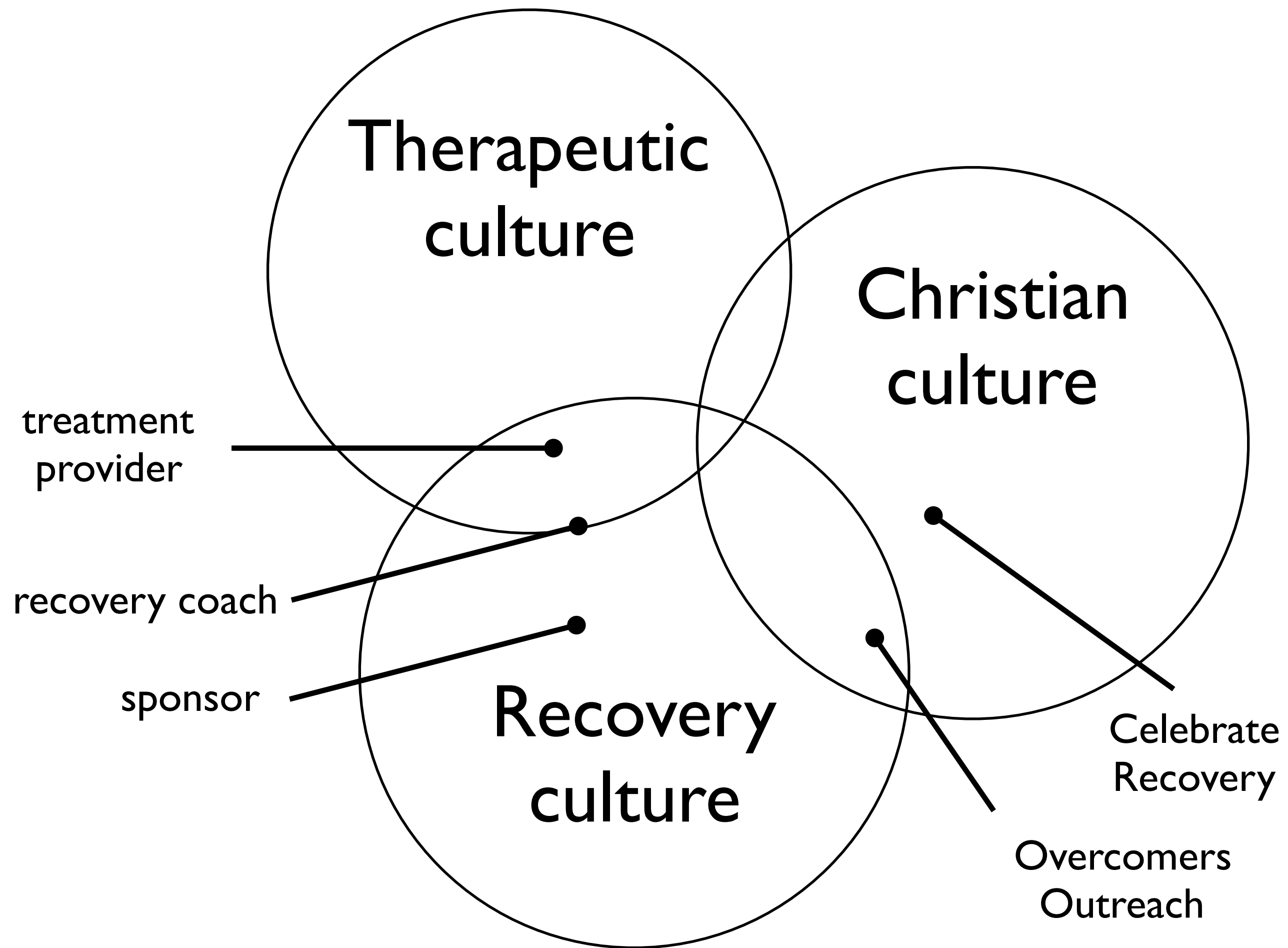


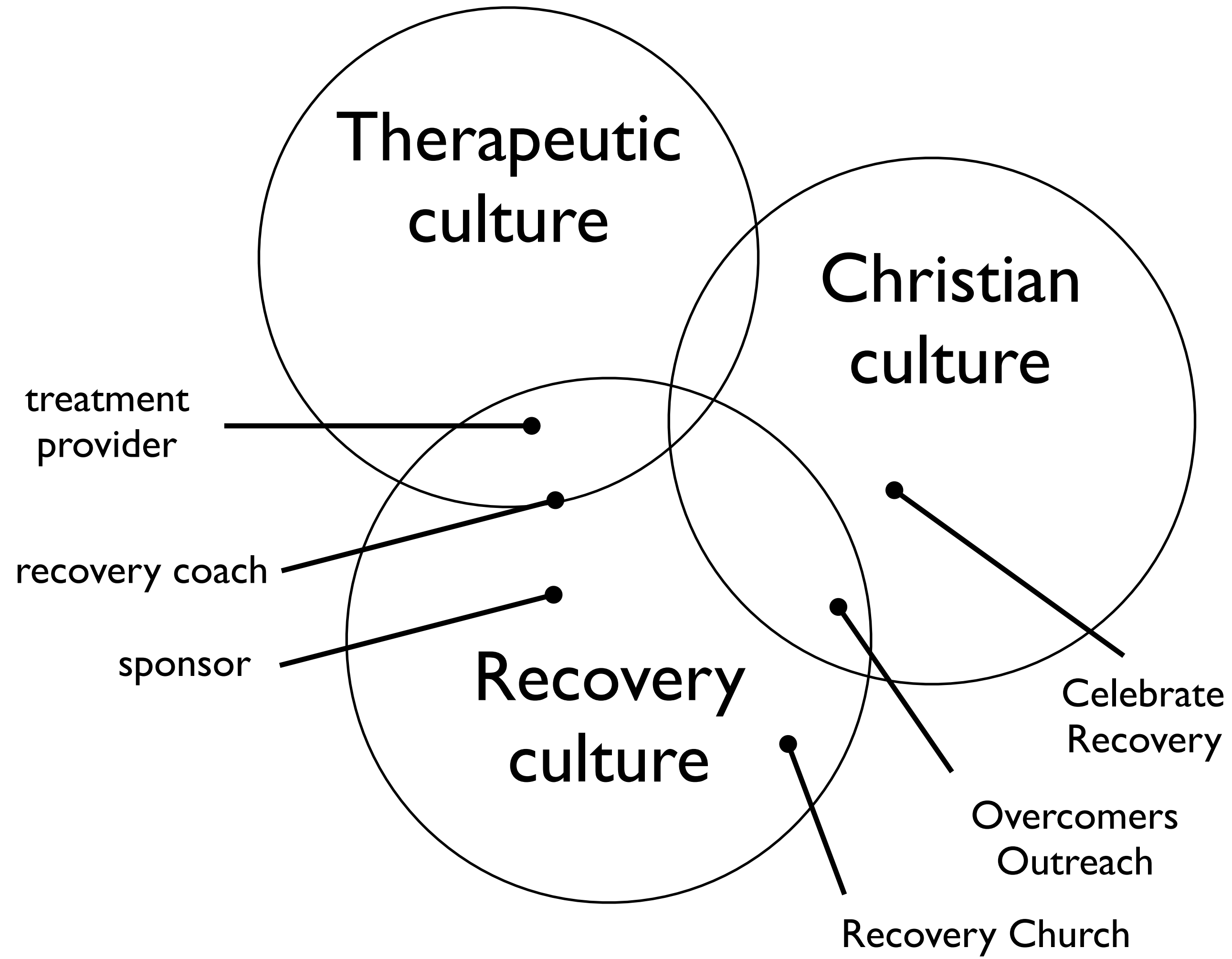


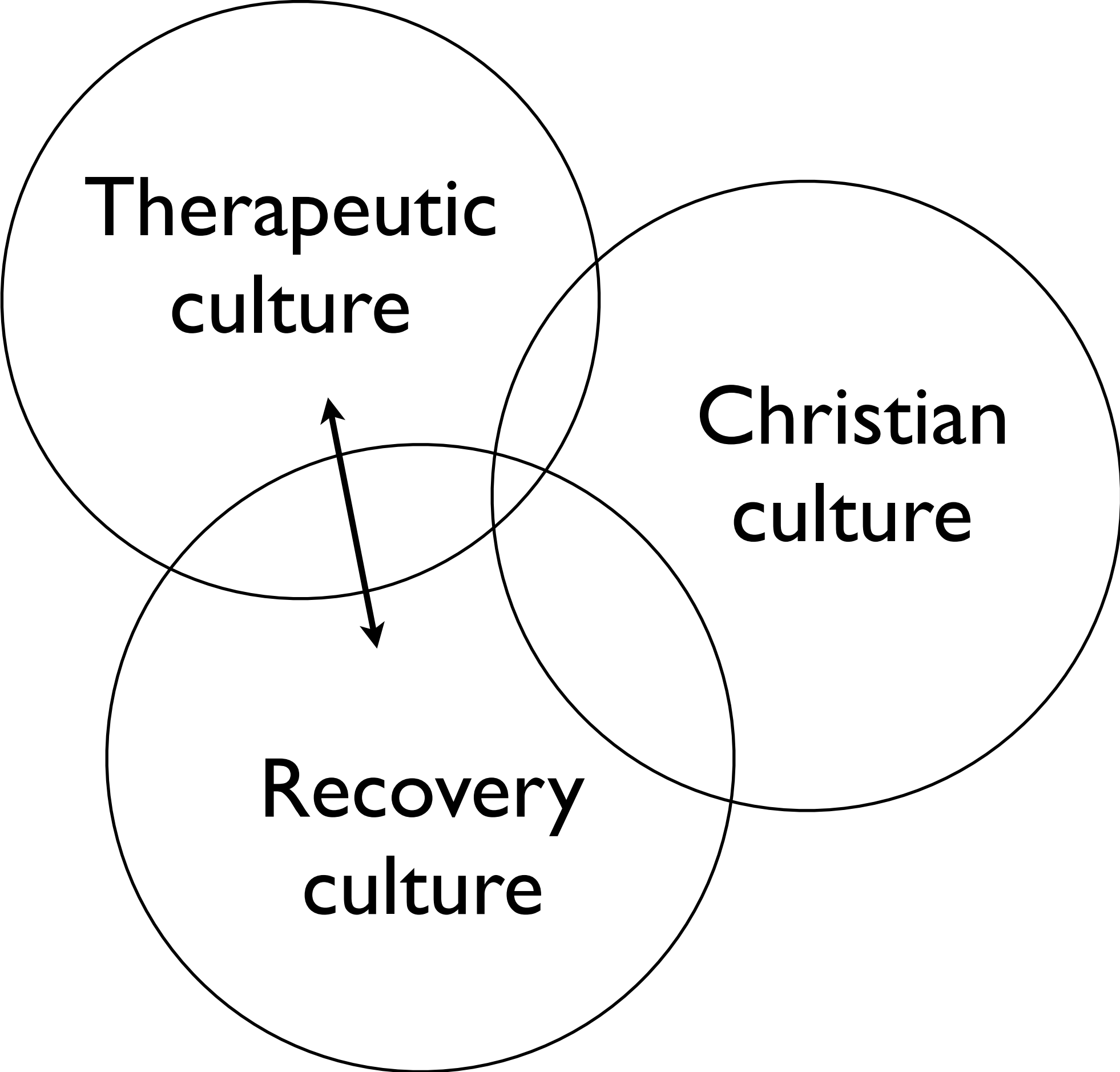






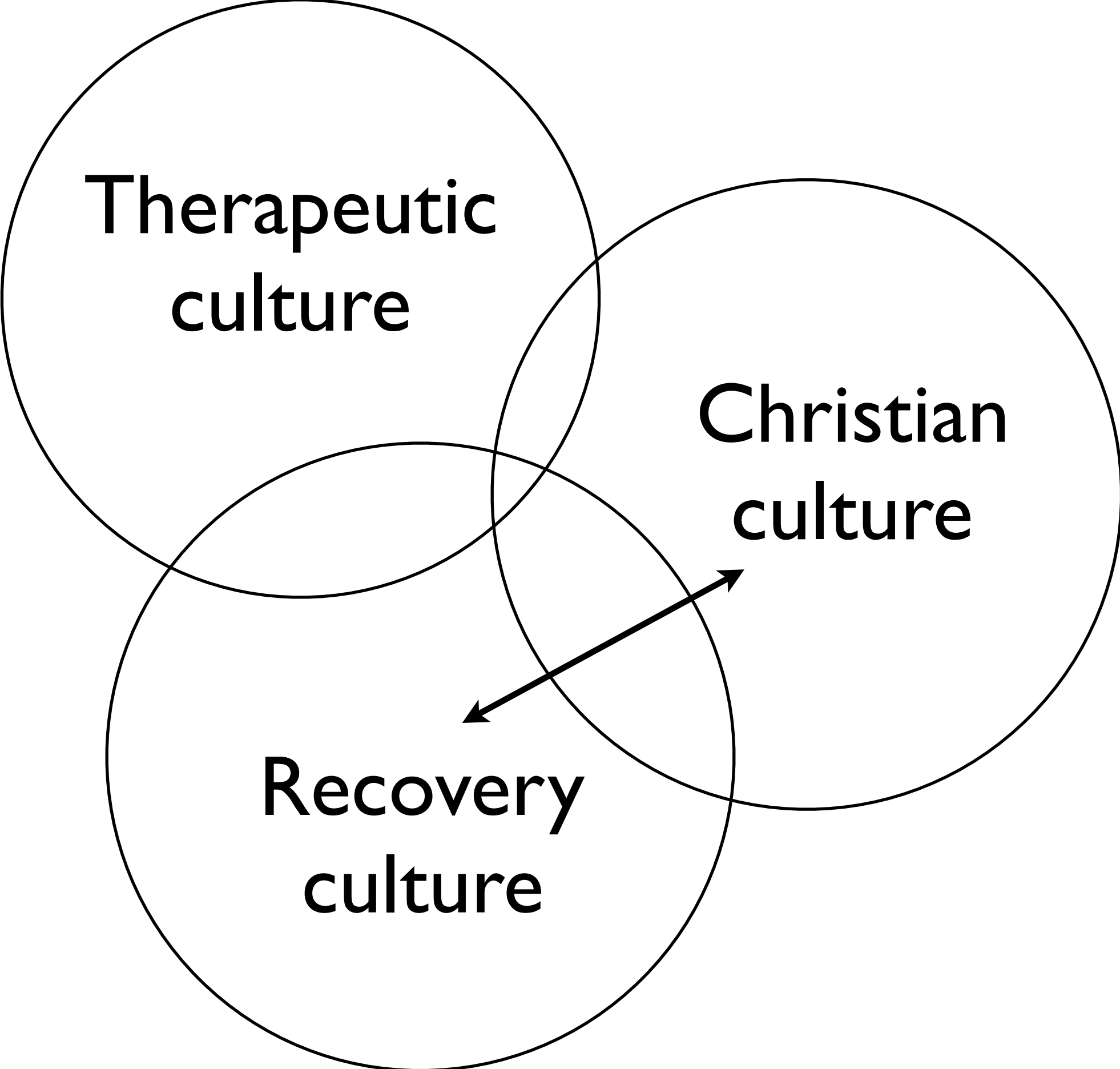






What is Recovery: Comparison of Therapeutic Culture & Recovery Culture

	Therapy	Recovery
Take emotional pain seriously	Yes	Yes
Make personal change a goal	Yes	Yes
Value process	Yes	Yes
Assumption re addiction	It's a symptom of the real problem	It is the real problem.
Model	Medical/Expert Care	Mutual Support
Modality	Dominantly one-to-one	Group
Economic Cost	Significant	Minimal
Human Resource Intensive	Yes	No
Target Population	Diverse	Narrow
Goals	Diverse	Limited
Spirituality	Integration / Interiority	Spiritual journey /



Comparison of Small Groups in Christian Culture & Recovery Culture

	Small Groups	Recovery Groups
Composition	Usually open to all	Usually target- population specific

Comparison of Small Groups in Christian Culture & Recovery Culture

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Leadership	Training valued, creativity in leadership is encouraged	Traditional leadership styles suspect. Rotating leadership and meeting 'scripts' are common

Comparison of Small Groups in Christian Culture & Recovery Culture

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Composition	Usually open to all	Usually target-population specific
Leadership	Training valued, creativity in leadership is encouraged	Traditional leadership styles suspect. Rotating leadership and meeting 'scripts' are common
Goals	Social networking	Personal Transformation

Comparison of Small Groups
in Christian Culture & Recovery Culture

	Small Groups	Recovery Groups
Group Process 1	Discussion centered with cognitive emphasis	Testimony centered with affective emphasis

Comparison of Small Groups in Christian Culture & Recovery Culture

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Group Process 2	Confidentiality rare.	Confidentiality essential

Comparison of Small Groups in Christian Culture & Recovery Culture

	Small Groups	Recovery Groups
Group Process 1	Discussion centered with cognitive emphasis	Testimony centered with affective emphasis
Group Process 2	Confidentiality rare.	Confidentiality essential
Group Process 3	Gradual transition from low to hi self disclosure	Confession is entry-level commitment

Comparison of Small Groups in Christian Culture & Recovery Culture

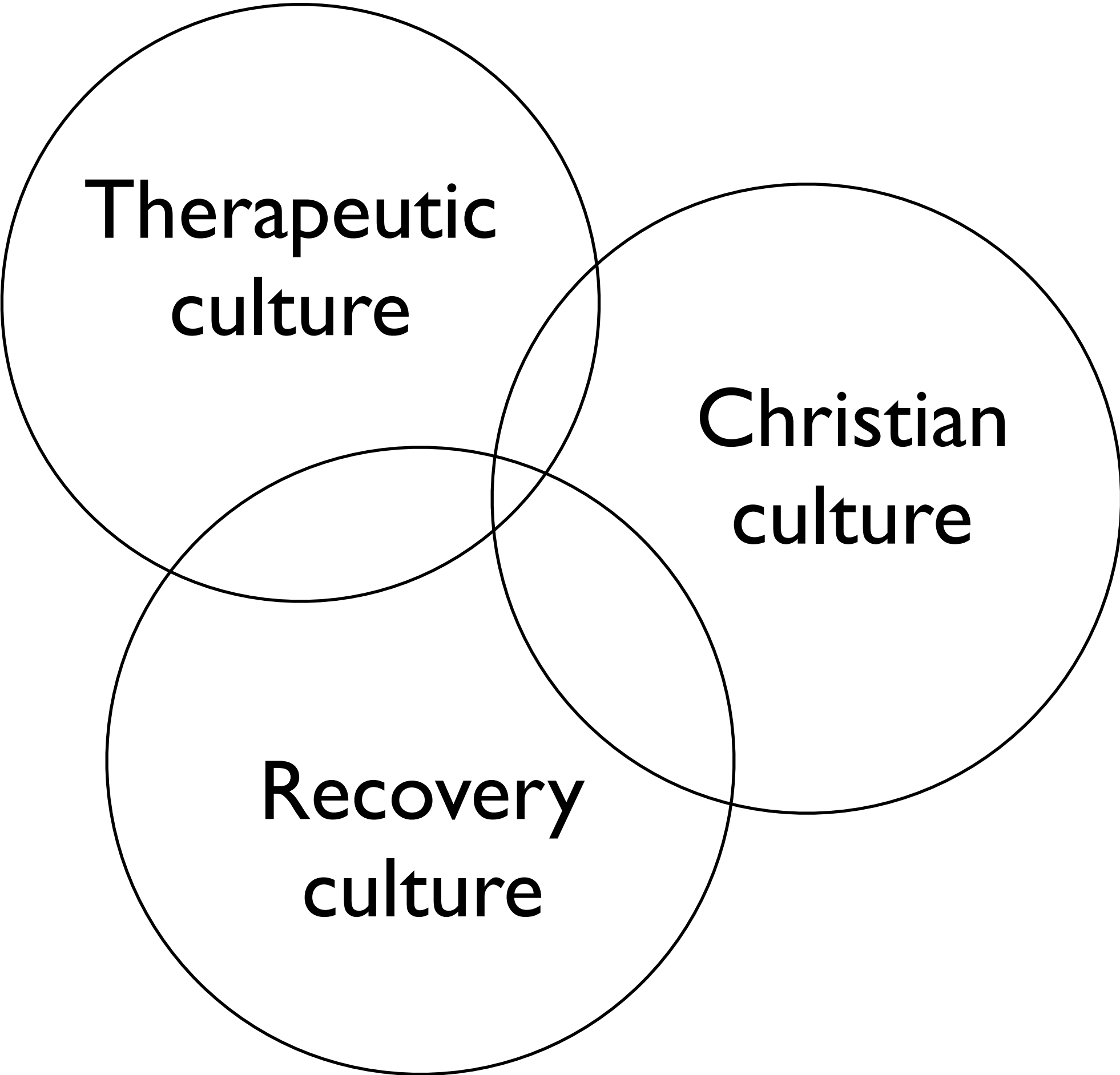
	Small Groups	Recovery Groups
Group Process 4	Offering advice, 'drawing people out', and clarifying ideas are valued	"Crosstalk" prohibited

Comparison of Small Groups in Christian Culture & Recovery Culture

	Small Groups	Recovery Groups
Group Process 4	Offering advice, 'drawing people out', and clarifying ideas are valued	"Crosstalk" prohibited
Group Process 5	Group experience is the focus	Most of the hard work is done outside group (working the Steps, working with a sponsor)

Comparison of Small Groups
in Christian Culture & Recovery Culture

	Small Groups	Recovery Groups
Spirituality	Usually same as congregation	Often more diverse than congregation. Often sensitive to spiritual abuse issues.



**Therapeutic
culture**

**Christian
culture**

**Recovery
culture**